

Table Etiquette



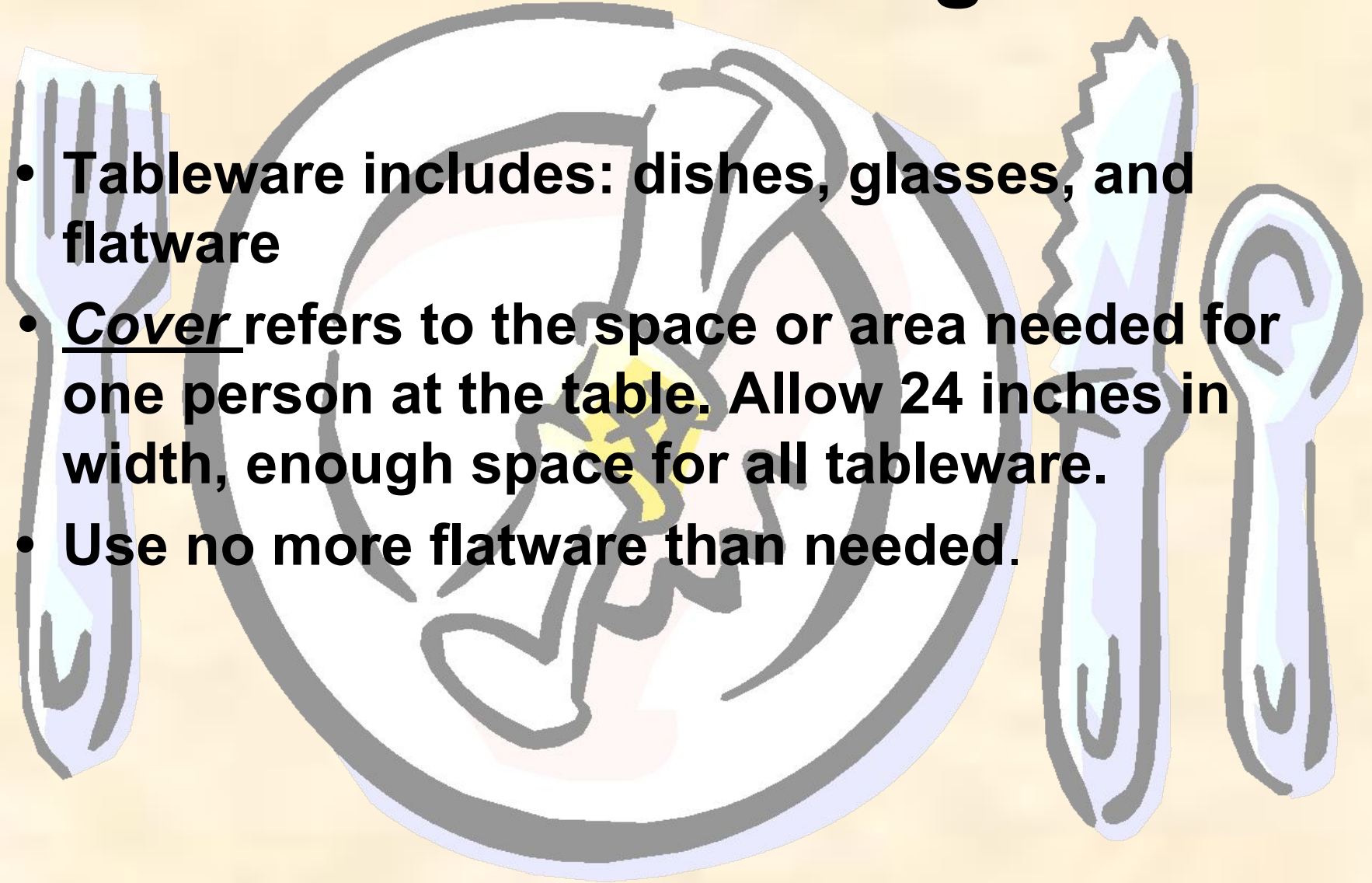
Etiquette

- Definition :The proper or correct way to do things in social situation.



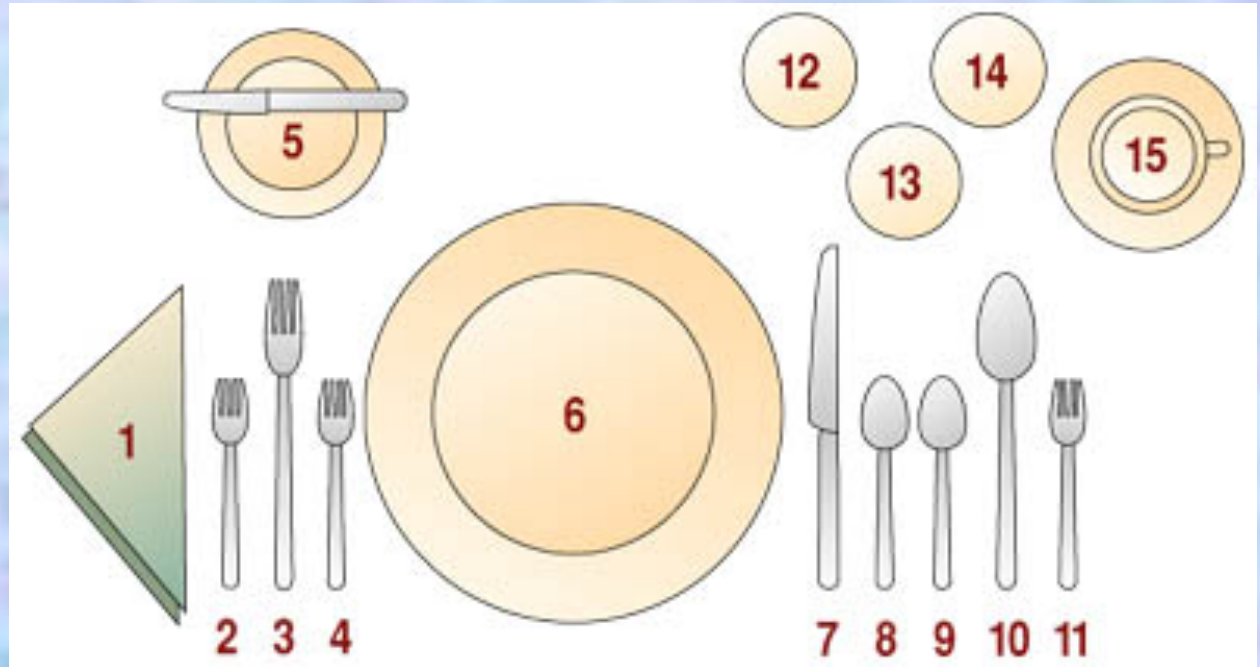
Table Setting

- **Tableware includes: dishes, glasses, and flatware**
- **Cover refers to the space or area needed for one person at the table. Allow 24 inches in width, enough space for all tableware.**
- **Use no more flatware than needed.**

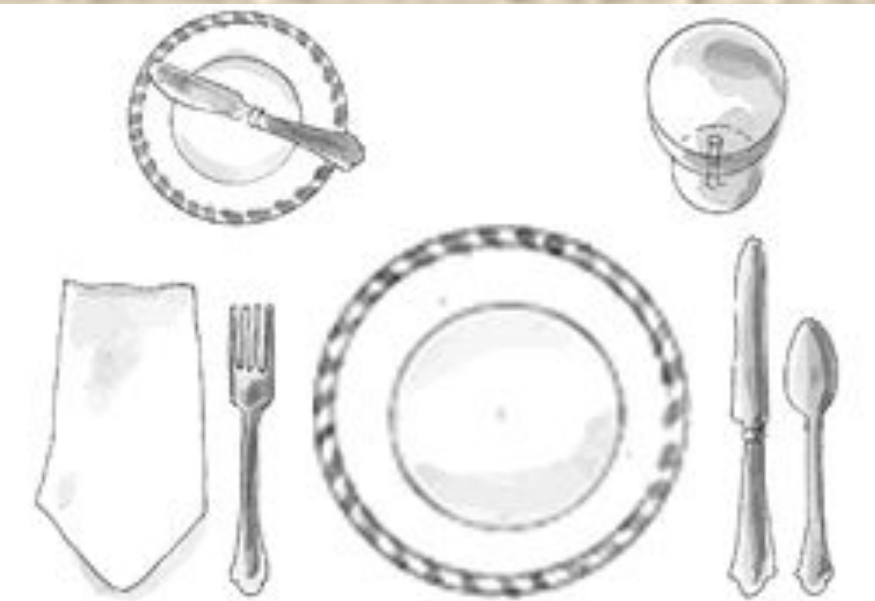


Formal Table Setting

1. Napkin
2. Salad fork
3. Dinner fork
4. Dessert fork
5. Bread-and-butter plate, with spreader
6. Dinner plate
7. Dinner knife
8. Teaspoon
9. Teaspoon
10. Soup spoon
11. Cocktail fork
12. Water glass
13. Red-wine glass
14. White-wine glass
15. Coffee cup and saucer*



- Plate and flatware should be 1” from edge of table
- Knife blades always face the plate
- The napkin goes to the left of the fork, or on the plate. The fold in the napkin should be to the outer edge.
- The bread and butter plate and knife are optional
- Beverage glass at the tip of the knife
- If salad is served with the meal, the plate goes above the fork. If served as first course, it is placed on the dinner plate.





When a table is crowded, it helps to understand a formal table setting. You want to use the fork and glass intended for you not the one for the person sitting next to you!



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Table Manners



Table Manners

- Napkin – place in your lap, folded in half. The fold goes toward the body, use the inside to blot the mouth.
- Flatware – work from the outside in.
- Passing food - if food is placed on table in bowls, you pass to the right.
- Wait until everyone is served before you begin eating.
- Use good posture at the table. Feet flat on floor, chair up to the table, back straight, head up.
- Arms and elbows do not belong on the table. The hand you are not eating with goes in your lap.
- Elbows tucked in to the side of your body

- You do not cut all of your meat at once. You cut one bite at a time
- Bread – you do not cut bread/rolls. Tear a bite off and butter it
- If you need a “pusher” for peas or corn use your knife or piece of bread.
- Do not “bob” as you eat. The fork should come to your mouth – DO NOT lean or bend to meet the fork.
- Bite sized amounts! Chew with your mouth closed.
- Do not talk with food in your mouth!
- Soup – the bowl of the spoon should be dipped away from you.

- Conversation – pleasant, generally not politics or religion.
- When finished eating, place flatware on the plate (think of your plate as a clock face and place flatware at 4:00). Your napkin is placed on table to left of plate.
- Wait until everyone is finished eating to leave the table.

Cutting Your Meat

PROPER EATING STYLE

Like this. . .



Not like this. . .



- Now it is time to practice setting the table...

Work with a partner, collect plate, glass, flatware and napkin. Be sure to include an interesting napkin fold in your setting.