

What can will will apace? Space? Space? Space?

Your Personal Living Space

The Combones
of Home

Objectives and a summer of the summer of the

After studying this chapter, you will be able to

- explain how homes fulfill physical, emotional, and social needs.
- apply the elements and principles of design to the decoration and organization of your personal space.
- use a floor plan to choose a good furniture arrangement.
- share tips for sharing a room.

Managaran da manag

recreation
personal space
backgrounds
accessories
scale floor plan
traffic patterns
privacy

Vocabulary: Look up the terms in the glossary and discuss their meanings.

Reflect: What does your room mean to you?

Reflect: What are some ways you could make your room more comfortable and useful while expressing your personality?

What do you imagine when you think of home? You might think of a small house or tall apartment complex. You might think of having dinner with your family in a happy, cozy kitchen. You might recall playing games with your brother or sister in the backyard. You might think of a big overstuffed chair in a quiet corner where you go to be alone. All these things, and many more, are what make a place a home.

Homes Fulfill Needs

People define home many different ways. Most would say a home is a place in which to live and do everyday activities. One person might say a home is where food, clothing, and shelter are provided to keep a family healthy and happy, 36-1. Others would say it is a place where a family can relax and do as they please. All these answers are true. They could be combined to say a home is a place that fulfills people's needs. These needs may be physical, emotional, or social.

Physical Needs

Some of your physical needs met by a home are shelter, protection, and safety. Your home also helps you meet some of your needs by making personal care easier.

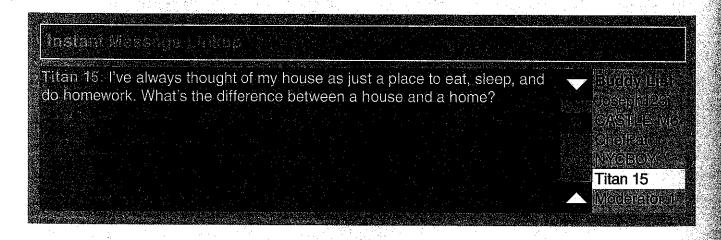
Shelter

One of the most basic physical needs is the need for shelter. Everyone needs a place for protection from severe weather such as storms, extreme heat, or extreme cold. The type of climate affects how homes are built. Homes in cold, snowy climates do not have many windows on the north side. They have more windows on the south side so the sun can warm the homes in cold months. Good insulation and heating systems are used in these homes. You can find features in your home that help shelter you from weather.

Protection and Safety

A home provides protection and safety for a family. Both inside and outside the home, spaces should be arranged and cared for with protection and safety in mind. For instance, windows and outside doors need to have locks. Such safety measures protect you from breakins and accidents.

You have a big role in keeping your home safe and secure. By practicing basic home safety measures, you can help keep yourself and your family safe. By putting objects away properly, you can prevent falls caused by tripping. You can prevent accidental poisoning by using and storing cleaning products properly.



Resource: Home Sweet Home, transparency master 36-1, TR.

Resource: Homes Fulfill Needs, Activity A, SAG.

Discuss: How does the climate in your area influence how your home shelters you from the weather?

Enrich: Invite someone from a Neighborhood Watch Program to talk to the class about home security.



6-1 Eating meals together at home fulfills physical, emotional, and social needs.

Personal Care

Homes are places where people care for temselves. You have space in your home for tems you use to keep clean and healthy. The time may also be where you exercise, sleep, took, and eat.

In the Headlines

Homeless Shelter Opens Thursday

What does having a home mean to you?
What are ways you can help people who are
homeless?

Emotional Needs

Emotional needs are those needs associated with feelings. They include the need to belong, the need for comfort, and the need for self-confidence.

Belonging

Everyone needs to feel they belong somewhere. If you know you belong in your home, you feel more secure. You know your family cares about you and accepts you as you are. It's easier to try new things if you know later you can go home to the place you belong. What matters is knowing you can go there any time and feel comfortable. When you feel this way, your home meets your need to belong.

Comfort

Feelings of comfort and belonging go hand in hand. If you feel comfortable at home, you are at ease. You can relax and be yourself in your home and no one objects, 36-2. If you want to wear old clothes or go barefoot, you can do so without feeling out of place. Lots of money is not needed to make your home comfortable. When family members have a spirit of caring and cooperation, everyone can feel more comfortable.

Self-Confidence

Your home can help you meet your need for self-confidence. When you have self-confidence, you have faith in your abilities. You are content with who you are. Expressing your own personality at home can help you gain self-confidence.

Having space of your own can help build your self-confidence. You can use the space the way you like best. You can fill the space with items that express your personality. These could be anything from trophies to compact discs to a rock collection. By fixing your space as you like it, you show others your personality. It's a way of saying "This is who I am. I like me this way."



36-2 When at home, you are able to relax and be yourself.

Social Needs

Social needs are needs related to people. They include interacting with others, gaining social skills, and enjoying recreation. Social needs also include the need for privacy. People involved with meeting your social needs include your family at home, other relatives, and friends.

Interacting with Others

Living spaces in a home should meet people's needs to interact with others. There should be spaces where people can go to be with others. Kitchens and family rooms are often places people gather. Within rooms, space should be arranged to promote interacting. Different types of space can be used for talking, playing games, and eating.

Developing Social Skills

You have many chances to practice your social skills within the home. As you interact with your family, you can learn and practice good manners. For instance, you can learn table manners while eating dinner with your family. In this setting, you can ask questions if you are unsure about something.

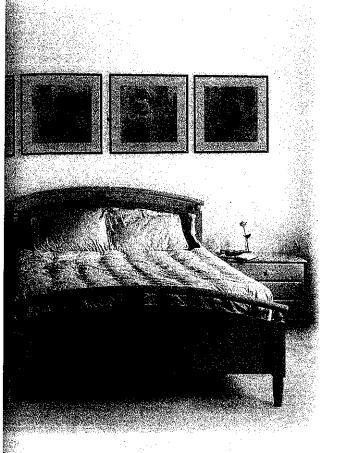
Recreation

Recreation can be any type of fun activity you enjoy with others. It includes active sports such as softball or volleyball. Other forms of recreation include quiet activities such as playing cards or listening to music with a friend.

Almost any group space in the home can be used for some forms of recreation. Some families have recreation rooms. If a recreation room is large enough, it can be used for some active games. Yard space is also used for many forms of recreation.

Privacy

Everyone needs to be alone at times. You may want to be alone to think through a problem. You might want to write a letter or do



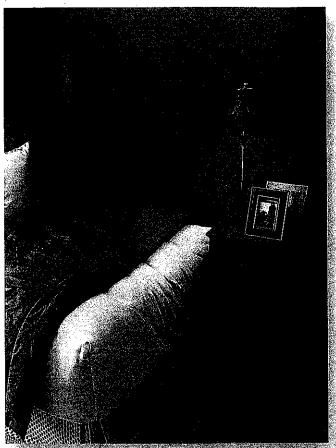
36-5 Balance is achieved in this bedroom by using identical nightstands on either side of the bed. The pictures also illustrate balance.

Backgrounds

Backgrounds set the stage for the furnishings and accessories in your room. Your walls, floor, and ceiling make up your room's backgrounds. Backgrounds affect the way everything else in your room looks, 36-6. No matter what you look at in your room, you will see at least part of a background. Therefore, you need to choose background colors and materials with care.

Walls

Your walls take up more space than anything else in your room. Therefore, you can change the look of your room easily just by



36-6 The red walls make for a dramatic background in this bedroom.

changing your walls. You read in Chapter 31 how color can affect the way you feel. You can use color on your walls to set the mood in your room. You can use dark colors to make your room look smaller or light colors to make your room look bigger. For contrast, you can use two colors. You could even use a design on one wall.

Painting is one of the least expensive, easiest ways to change your walls, 36-7. Wallpaper can be fairly inexpensive and it comes in a wide variety of styles. It is a little harder to apply than paint, though. You can use fabric or sheets to cover walls, too. (This usually works best for one section of wall.) Hardware and decorating stores offer information on how to apply paint, wallpaper, and other materials to walls.

backgrounds, furniture, storage, and accessories for your room. As you think about changes, you should keep the elements and principles of design in mind.

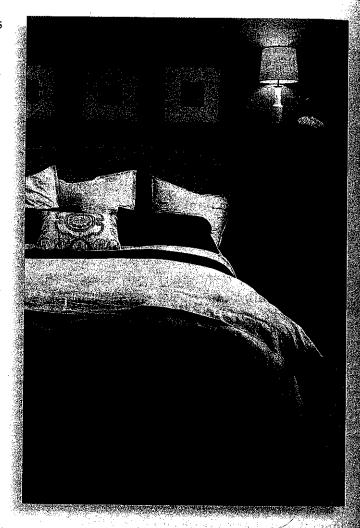
Using the Elements and Principles of Design

In Chapter 31, you read about the elements and principles of design. These elements and principles apply to rooms as well as to clothes. You can use the elements and principles of design to give your room harmony—the goal of design.

Color, line, texture, and form are all part of your room's design. You can use these elements in many ways to achieve different effects. You can use cool, pale colors to make your room seem relaxing. Using vertical lines makes your ceiling seem higher. Using shiny textures makes your room seem brighter. You can use simple, rectangular forms to make your room seem orderly. Many other effects are possible depending on how you use the elements of design, 36-4.

Balance, proportion, rhythm, and emphasis are needed in a pleasing design. There are many ways to follow these principles. You can balance one large item, such as a dresser, with a few small items, such as a group of plants, 36-5. For good proportion, choose items that do not look oversized or tiny in your room. For instance, a canopy bed looks best in a room





36-4 Line, color, form, and texture all work together to create interesting effects in this bedroom.

with a high ceiling. You can achieve rhythm by repeating a color in many of your room's accessories. You can create emphasis by adding a special piece of artwork. There are many other ways to use the principles of design.

The final goal of your room's design should be harmony. If you apply the design principles to your use of design elements, your room will have harmony. The finished room will look as if everything belongs together. Your eye will be led from one part of the room to the next. homework without others around. Having let place to be alone in your home helps your need for privacy.

your own bedroom. Even if you share droom, however, you can find places to lone for a time. If most of the family is in living room in the evening, you might be to go to the kitchen. You might ask your ther or sister if you can have the bedroom to use the for half an hour.

Families need to work together to make sure is member's privacy is respected. This means osing times and places that don't cause blems for the rest of the family. Expecting hour of bathroom privacy in the morning that not be fair. Other family members might do be in the bathroom to get ready for sool or work.

laking the Most of Jour Personal Space

Your *personal space* is space that belongs eyou more than it does to anyone else in your tome. This space is most likely your bedroom. Wen if you share a bedroom, part of the room syour own. Your personal space is probably much more to you than a place to sleep. It may be the place you relax, visit with friends, think, and study. You may go there when you want to be alone, 36-3.

Your space should be comfortable and iseful to you. There are limits to what you can to improve your personal space. Within hose limits, you can organize your space so t can be used in many ways. You can express your personality through decorating and accessories. You can find ways to arrange urniture and decorate that make sharing a soom more pleasant.

You may be ready for some changes in your form. By following some basic guidelines, you can make your room more attractive and use these same basic guidelines when you decorate other rooms.



36-3 Your personal space is where you go when you want to be alone to pursue your interests.

Before you make changes, you need to decide what you want from your personal space. Do you like to work on hobbies or chat with friends in your room? What sides of your personality do you want to express? Your choices can help you set goals for changes that will make your room more suited to you.

You will need to consider your limits. You need to decide how much money you can spend on your room. You also need to discuss with your family the kinds of changes you will be allowed to make.

Once you have thought about your goals and limits, you can make a plan for your room. You can start by thinking about the

In the Headlines

Home Decorating Clinic Begins Saturday

Why do most people feel it is important to decorate their homes?

What are some ways you could decorate your room without spending too much money?

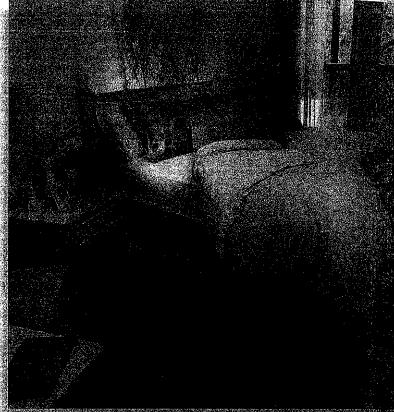


36-7 You can paint the walls in your bedroom yourself. This is an easy and inexpensive way to change the look of your room.

Floors

Floors are usually more expensive and harder to change than walls. If you have a wood or tile floor, you can use rugs to change the look of the floor, 36-8. Installing carpet might be another option. If you already have carpet, you may be able to have it changed.

You probably won't be able to get new carpet very often because it tends to be expensive. Therefore, you should choose it with care. Look for carpet that is strong and durable. Choose a color and pattern that will not show dirt too easily. Also choose a neutral color that goes well with many colors. This will allow you to change the look of your room later without replacing your carpet.



36-8 Adding a striped rug to this bedroom and setting the bed at an angle have given this room a unique look.

Furniture

Furniture serves two purposes. First, it is used for a certain function. Your bed is used for sleeping. Your chest of drawers is used to store clothing. Second, furniture decorates your room. You should keep both of these purposes in mind as you choose furniture.

You do not need to replace all your furniture to improve your room. Take a look at what you have. Does it meet all your needs? Is the style and appearance what you really like? You may find that a few new pieces of furniture are all you need. You may be able to paint some of your furniture for a new look. Sometimes you can change the look of your furniture just by changing accessories or backgrounds in your room. New colors or styles can change the appearance of the furniture. For instance, plain

white furniture works with pastel walls and a refled bedspread and curtains. If you paint the ralls and change to a bedspread and curtains with a bright geometric pattern, your furniture will look like new.

Buying Furniture

If you decide to buy some furniture, you do not need to spend a fortune. There are many mexpensive options. You can find some great bargains at garage sales, flea markets, and used furniture stores. You can find furniture listed in the newspaper classified ads. There are also mexpensive types of furniture sold in retail stores. For example, director's chairs are not very expensive and they are made in a variety of colors.

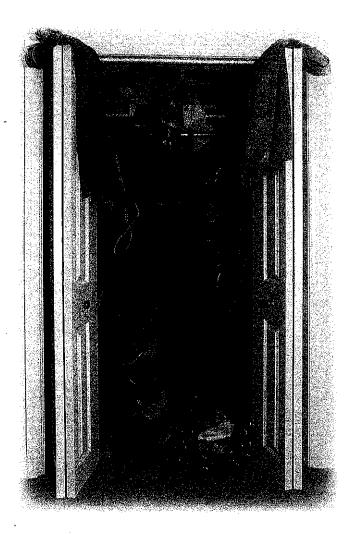
Check the quality of furniture carefully. Be sure it is sturdy enough for its use. Look for flaws such as scratches or dents. You may be able to get flawed furniture at a lower price. Be sure you can live with the flaw before you buy.

Select furniture that fits your personality and tastes. Furniture is made in many styles. Contemporary furniture has unusual shapes and colors. Traditional styles have features that were popular during certain times in history. You might choose furniture in one style that you like for your room. You could also mix furniture of several styles.

Plan for Storage

You probably keep many items in your bedroom. These items might include clothing, school supplies, sports equipment, CDs, and collections. Keeping all these items in order can be difficult, 36-9. Having good, organized storage space can help.

When organizing storage space, think about how often you use different items. You might use your school supplies daily. These should be stored where you can reach them easily and quickly. You may have seasonal items such as snow boots and swimsuits. When you are not using these items, they can be stored in hard-to-reach places. When they are in season, you can move them to more convenient storage spaces.



36-9 Does this closet look like yours? If so, you need to find ways to organize your space.

Improving Storage Space

You may feel you don't have enough space for all your belongings. If you organize your space, you can find much more room for storage. You can also make it easier to get to stored items. You can organize the storage space you already have. You can create storage space in other areas of your room, too.

Closets often have space you are not using. By making a few changes, you can increase the amount of usable space, 36-10. You can mount two rods, one above the other, in your closet. This will double your amount of hanging space. You can mount hooks on the closet walls. These

Pictures and wall hangings can be used to express your personality. The possibilities are endless. Many types of posters, paintings, sketches, and photographs can be bought. Fabric wall hangings can be bought or made. Wall hangings can be made from many other materials as well. You can make collages in which objects are arranged on a flat surface. Paint, pieces of cardboard, sand, keys, feathers, or almost any small object could be used in the collage.

Plants can add color and life to your room. You can buy small plants at a greenhouse or store for very low prices. As they grow, you can pot them in containers that express your personality. Containers do not have to be costly. You could use an old teapot or basket. You will need to line some containers so they don't leak when you water the plants. Plants do need care. If you want to grow plants, be sure to learn and follow the care directions for each plant.

Putting It All Together

You may be able to choose backgrounds, furniture, storage space, and accessories that work for you. However, getting all the pieces to work together can be the hardest part.

Your room should also be functional. You should be able to move without feeling cramped. Your room should make activities as easy as possible. For instance, doing homework in your room is easier if you can reach papers, pencils, and books from where you study. Making a floor plan can help you make your room more functional.

Making a Floor Plan

A *scale floor plan* is a drawing that shows the size and shape of a room. It is based on the size of the room. One-half inch on the floor plan might represent one foot in the room.

You can use graph paper to draw a floor plan. Each square on the graph paper could equal a measurement of your room's floor. You might decide that one square equals six inches. If your room is 10 feet by 12 feet, your scale would be 20 squares by 24 squares.

To make your floor plan, measure the dimensions of your floor. Draw the outline of the floor to scale on paper. Then mark the location of doors, windows, heating vents, and electrical outlets.

Once your floor plan is complete, you can use it to try different furniture arrangements, 36-13. You can use pieces of paper to represent your furniture. Measure the outside of each piece. Then draw it to scale as you did with the room. Cut out the furniture pieces. You can move these around to find the best arrangement.

Arranging Furniture

There are many factors to think about as you arrange furniture. You need to think about the types of activities you will do in the room. You should also think about the amount of space you need for each piece of furniture.

Grouping furniture for certain activities will help you organize your space, 36-14. Some areas can be used for more than one activity. A study area could include a desk, chair, and bookcase. You might also use this area for working on a hobby. A computer can be kept in this area, too. A nightstand or table and lamp by your bed will allow you to read in bed.

Having a dressing area is convenient. Place your chest of drawers near your closet. Any other furniture that holds clothes should be nearby.

You need to allow space around some pieces of furniture, such as your bed. You will not have enough room to make your bed if you put it against the wall. You need room in front of dresser drawers and closet doors to open them. You also need room to pull a chair out from a desk.

pillows, wastebaskets, and lamps. Other cessories are used simply to make the room ok nicer. These include posters and wall angings.

You can buy or make accessories. Making ccessories can be less expensive. Also, the ccessories you make express more about you. You can buy accessories at garage sales and lea markets. These are often sold at bargain places. With a little work, you can make them fit he style of your room. For example, you could paint an old picture frame with bright enamel. You may find other ways to use inexpensive tems as accessories.

Using Accessories

In arranging accessories, keep the elements and principles of design in mind. Accessories should harmonize with the furniture and backgrounds in your room.

Your bedspread is one of the most noticeable accessories in your room. If you want, it can be the focal point of your room. There are styles of bedspreads to fit almost any personality. Costs vary on bedspreads. You might choose a duvet

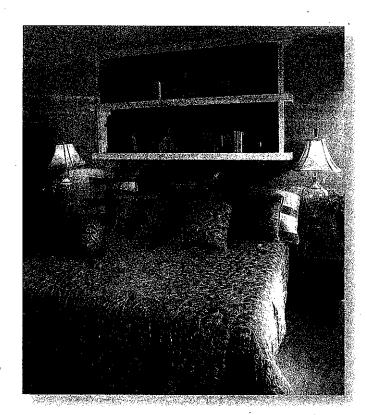
Exploses John Charles If you have a room of your own your can express your creativity.

in many ways. How many ways can you rearrange the furniture in your room? Sometimes rearranging furniture can give you the feel of a new space. Look through magazines for ideas of how you can make your personal space unique. Make a new wall nanging or hang a new poster. Make some new pillows using different colors and fabrics. Buy some inexpensive sheets and make them into new curtains. Cover a lampshade with a unique fabric. The possibilities

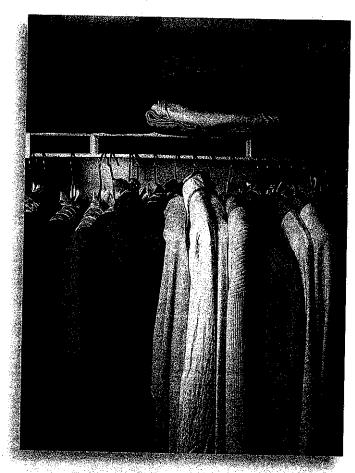
cover with a comforter inside it. The cover comes off so it can be washed. The duvet cover can be changed when you want to give your room a new look.

Window coverings shade light and provide privacy, but they also decorate your room. You might use shades, blinds, or curtains to cover your windows. Shades or blinds are often used to keep sun out. They come in a variety of styles and colors. Some even have designs on them. You could paint a design on a shade, too. Curtains can be coordinated with your bedspread. You can buy or make curtains. You can also use sheets as curtains. Just place the curtain rod through the hem on the sheet. You may need to cut and hem the sheet to fit your window.

Pillows can be used on your bed, on chairs, or as seating space. They can be made or bought in a variety of shapes, sizes, and colors. You can use pillows to accent the colors in your room, 36-12.



36-12 A variety of shapes, sizes, and colors of pillows are used in this bedroom.



36-10 A few changes have greatly increased the amount of space that can be used for storage in this closet.

can be used to hang umbrellas, belts, or other accessories. A shoe bag can be hung on the wall or closet door.

There are many closet organizing systems on the market today. Many are fairly inexpensive. The systems consist of units that can be combined in different ways. You can choose the units that will work best for you. You can also use boxes or shelves to create your own closet organizing system.

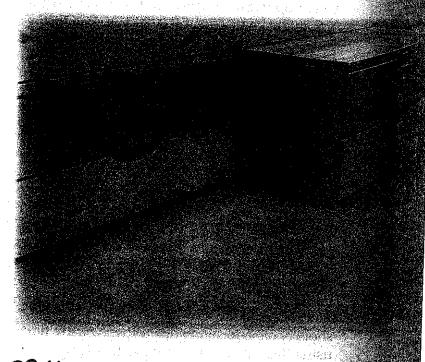
Your drawers can be organized to improve your storage. Small cardboard boxes can be used to make compartments, or you could buy plastic storage boxes. Using compartments to hold similar items helps you keep organized. You can find items more easily when you need them.

If your closet and drawers do not provide enough storage space, you can add storage to your room. Your walls are one place to add storage. You can put shelves or pegboard on the wall. *Pegboard* is a type of board with small holes in it. Hooks can be attached to and removed from the board easily. You can hang sports equipment, souvenirs, and other items from the hooks.

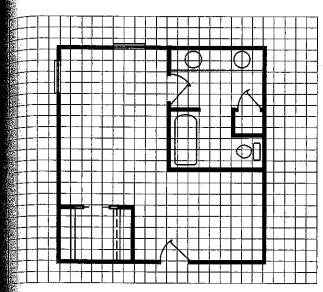
Storage furniture can be added to your room. Shelf units and cabinets are available in many sizes, styles, and price ranges. You can also use cubes or crates to create your own shelf units. Plastic cubes and crates are sold in many sizes and colors. You can add and rearrange cubes as your storage needs change. See 36-11.

Accessories

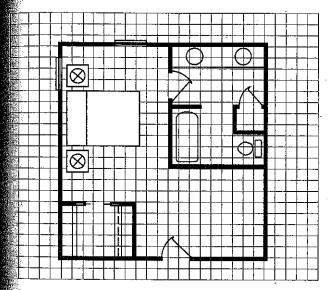
Accessories are the accents that make a room more attractive, comfortable, and convenient. They make a room more personal. Your choice of accessories will not be exactly like anyone else's. This makes your room unique. Some accessories are useful, such



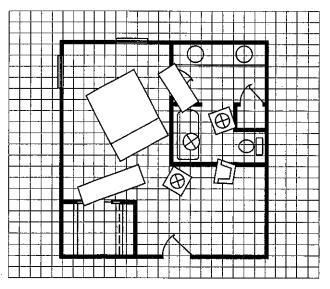
36-11 These drawers are designed to fit under the bed to add extra storage space.



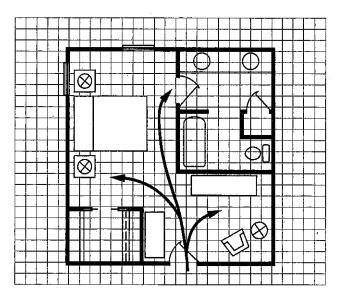
Step 1. Draw the dimensions of the bedroom on graph paper. Show windows and doors in their correct positions.



Step 3. Place the bed first.



Step 2. Make scaled drawings of the furniture to be placed in the room and cut them out.



Step 4. Place the remaining furniture, keeping circulation paths clear.

36-13 You can save much effort by trying out different furniture arrangements on a floor plan.

Traffic Patterns

As you arrange your furniture, you need to think about traffic patterns. *Traffic patterns* are the paths you take to get to different parts of your room.

Traffic patterns should not have anything blocking them. You should not have to walk

around a chair to get from your bed to your door. You should not have to squeeze past a bookcase to get from your closet to your bed. Arranging good traffic patterns makes a room more comfortable and safe.



36-14 A desk and chair are grouped in this room to form a study area.

Sharing a Room

Most of the spaces you use each day are shared with others. If you are like many teens, you may share your bedroom with one or more family members. Sharing a room can be fun, but there can be some problems. You can avoid problems by respecting each other's privacy. You can give each other more privacy by partly dividing your room.

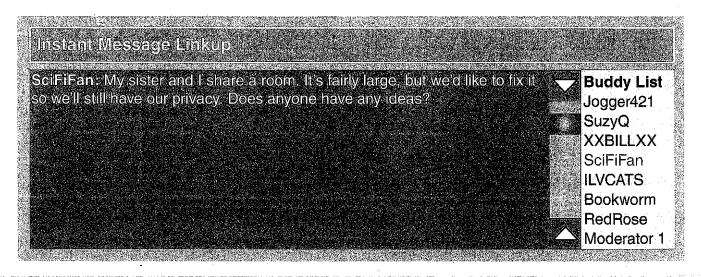
Respecting Privacy

Everyone needs some privacy. *Privacy* involves having time alone. It also involves having personal belongings. Roommates must work hard to respect each other's privacy. This includes considering each other's time and property.

Everyone needs to spend some time alone. If you share a room, your roommate should allow you some time alone in your room. Likewise, you need to give your roommate time alone. You need to discuss how and when you can allow each other private time.

If your roommate has friends visiting, find something to do in another part of the house, 36-15. Your roommate should show you the same courtesy when you have visitors.

Your belongings are private to you. You would not want someone to take something of yours without asking. Your roommate feels the same way about his or her belongings. That is why you need to respect each other's property.





26-15 If your sister is having a friend over, find somewhere else to go. She will likely do the same for you.

If you want to use something that belongs to your roommate, always ask for permission first. When borrowing something, care for it as you would care for something of your own. Honor any special requests your roommate might have. He or she might not want you to let anyone else use it. You should respect this wish. Of course, you should expect the same respect from your roommate. Borrowing items in a respectful way helps prevent arguments. It also builds trust.

Dividing a Room

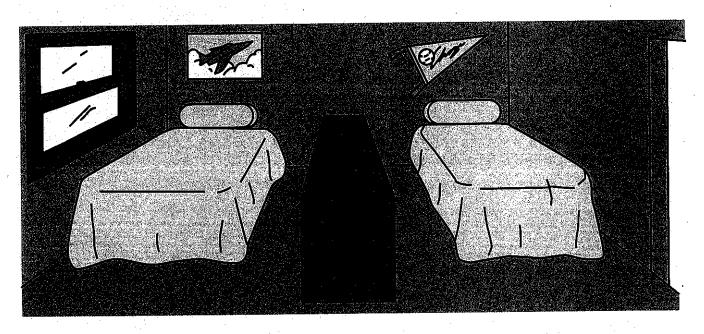
Having personal space is important, even in shared room. You can use methods to divide our room. Then you will feel that some of the pace in the room belongs to you.

Shari and Lila shared a room. They agreed to use green as a main color and to buy modern furniture in a light-colored wood. This gave their room a unified look. They then personalized their own space with accessories. Shari hung some of her paintings, while Lila displayed her basketball trophies. These made them feel more at home in their personal space.

You probably do not want to divide your whole room in half. This could make your room seem very small. You might want to divide the space between your beds. The rest of the room could be left open.

Many types of dividers block the view from one side of the room to the other. Bookcases, shelves, or folding screens can be used. You can also hang a curtain or rolling shade from the ceiling to divide a room. Screens, curtains, and shades can be moved when privacy is not needed.

You could divide the space with items that allow you to see across the room. Desks, plants, and low bookshelves can divide a room while allowing a view, 36-16. Shear curtains or screens allow you to see across the room as well. The room will be divided without making you feel closed in.



36-16 Dividing a shared room helps give each person more privacy.

2, 7, E. I

A home is a place that fills people's needs. imes fulfill physical needs by providing elter, protection, safety, and space for fivities. Emotional needs such as belonging, imfort, and self-confidence can be met by your ome. Homes provide space for meeting social eds. These needs include interacting with thers, developing social skills, recreation, and privacy.

Your bedroom is your personal space in our home. You can decorate your room to effect your personality using the elements and principles of design. When changing the look of your room, you should first consider the ackgrounds—walls and floor. Then you can shoose furniture, storage units, and accessories. These items should meet your needs and create pleasing appearance in your room.

Making a floor plan can help you arrange items in your room. You can try different arrangements without actually moving pieces of furniture. You need to consider your activities and traffic patterns when deciding how a room should be arranged.

When you share a room, you and your roommate need to respect each other's privacy. You need to give each other some time alone and respect each other's belongings. You can use items to divide the room so you each feel you have some personal space.

- List three measures you can take to make your home more safe and secure.
- 2. Explain how your home can help meet your emotional needs.
- True or false. Vertical lines can make your ceiling seem higher.
- 4. List three points to consider when buying furniture.

- 5. What are two ways of finding or creating more storage space in a bedroom?
- Accents that make a room more attractive, comfortable, and convenient are called
- 7. Explain how to make a scale floor plan of a room.
- 8. What are two factors to consider when arranging furniture?
- True or false. Roommates should be able to borrow each other's belongings without asking.
- 10. List four items that can be used to divide a shared room.

Apply & manamammanamamman

- 1. Make a scale floor plan of your room. Make scale outlines of your furniture. Arrange the furniture pieces on your floor plan, taking your activities and traffic patterns into consideration.
- 2. Interview two friends outside of your class who share their rooms. Ask them to describe techniques they have found helpful in getting along with their roommates. Use these interviews to write a two-page report on the topic of privacy.

Think More About It

- 1. If you were old enough to move into your own apartment, what would it be like?
- 2. How would you react to a roommate who did not respect your personal space?

Spend some time at a local kindergarten. Help a child create a decoration for his or her room. Suggest possibilities such as a collage, wall-hanging, or poster. Bring materials for you and the child to use.