Kitchen/Food Lab Duties Checklist Sheet

Directions: At the end of the lab, check off all the tasks you accomplished today.

Head Chef

 \circ Tied hair back, removed coat, put on apron and washed hands.

 $_{\odot}\,$ Got all necessary food supplies from supply area (refrigerator or cabinet) and returned unused items.

• Put on gloves.

- o Read the recipe/directions and followed them properly.
- o Gave responsibilities to Sous Chef to help in the preparing of the recipe.
- Cleans counters and stove area with spray cleaner.

I have finished all the checked jobs above _____ (your signature)

Kitchen/Food Lab Duties Reflection Sheet

Directions: At the end of the lab, answer the questions about the Kitchen/Food lab

experience.

Use complete sentences in answering the following.....

- 1. How did your entrée' taste?
- 2. How would you have changed the recipe?
- 3. What would you have done differently in the job you held for this lab?
- 4. What helpful advice could you give the next person on your team who does this job next time?
- 5. What grade do you think you individually deserve? Why?
- 6. Did your team work well together in this lab? Why or Why not?
- 7. What grade do you think your group collectively deserves? Why?
- 8. Could and/or would you make this item at home? Please explain.