**ARC Baby Sitting – Chapter 5**

**“From Feeding to Bedtime: Caring for Kids”**

Hand Washing & Disposable Glove Use

**Directions: Please use your ARC Babysitter’s Training book, please complete the below statements.**

Scan through pages 80-85 and skills sheets on pages 93-96

1. When babysitting, how could you come into contact with germs?
2. What could these germs do to you?
3. What are 2 things you could do to prevent the spread of germs?
4. List at least 4 times you should always wash your hands?
5. When are 4 times you should have the children you are keeping wash their hands?
6. When are the 3 times you would want to make sure you use disposable gloves?
7. List the 6 steps to proper hand washing.
8. List the 4 steps in removing disposable gloves.